

Bless the LORD, O My Soul

(Please pray Psalm 103 with me)

Bless the LORD, O my soul, and all that is within me, bless his holy name!

Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy, who satisfies you with good so that your youth is renewed like the eagle's.

The LORD works righteousness and justice for all who are oppressed.

He made known his ways to Moses, his acts to the people of Israel.

The LORD is merciful and gracious, slow to anger and abounding in steadfast love. He will not always chide, nor will he keep his anger forever.

He does not deal with us according to our sins nor repay us according to our iniquities.

For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; as far as the east is from the west, so far does he remove our transgressions from us.

As a father shows compassion to his children, so the LORD shows compassion to those who fear him. For he knows our frame; he remembers that we are dust. As for man, his days are like grass; he flourishes like a flower of the field; for the wind passes over it, and it is gone, and its place knows it no more. But the steadfast love of the LORD is from everlasting to everlasting on those who fear him and his righteousness to children's children, to those who keep his covenant and remember to do his commandments.

The LORD has established his throne in the heavens, and his kingdom rules over all. Bless the LORD, O you his angels, you mighty ones who do his word, obeying the voice of his word! Bless the LORD, all his hosts, his ministers, who do his will! Bless the LORD, all his works, in all places of his dominion. Bless the LORD, O my soul!



Grant Highlight of the Month

Mission Outreach to Street Children in New Amsterdam, Guyana, St. Matthew's Lutheran, Brooklyn, \$3,000

Deacon Urmatie Singh of St. Matthew's in Brooklyn has partnered with volunteers from a local church in New Amsterdam, Guyana to do a weekly Bible teaching program for street children. This is a community in which there are many orphaned or abandoned children, and thousands of kids in this region are not receiving even the most basic physical or spiritual care. Deacon Singh makes annual trips to Guyana to visit and oversee the weekly mission work there. The funds will be used to expand this ministry to 50-60 children through the purchase of Bibles, games, and Sunday School materials.

MITE UPDATE

Let us shout out from the mountain tops: Jesus Christ is Lord! Our goal is \$76,500 and we have already collected just over \$4,400. We have a long way to go. Let's work together to make this happen! Collect mites! Spread the news! Jesus lives!

**SHE
IS CLOTHED IN
STRENGTH
AND
DIGNITY,
AND SHE
LAUGHS
WITHOUT FEAR
OF THE FUTURE.**



Listen to this great idea I heard from Helen Peters:

Every time you go out to eat, put the same amount of your gratuity in your mite box! Helen's church has implemented this for a church construction project and has collected over \$12,000 since February 2016! Let's try this and see how fast we can meet our mite goal!

Let me share these verses with you....

Hebrews 12:1-3 (ESV)

Jesus, Founder and Perfecter of Our Faith

12 *Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, ²looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.*

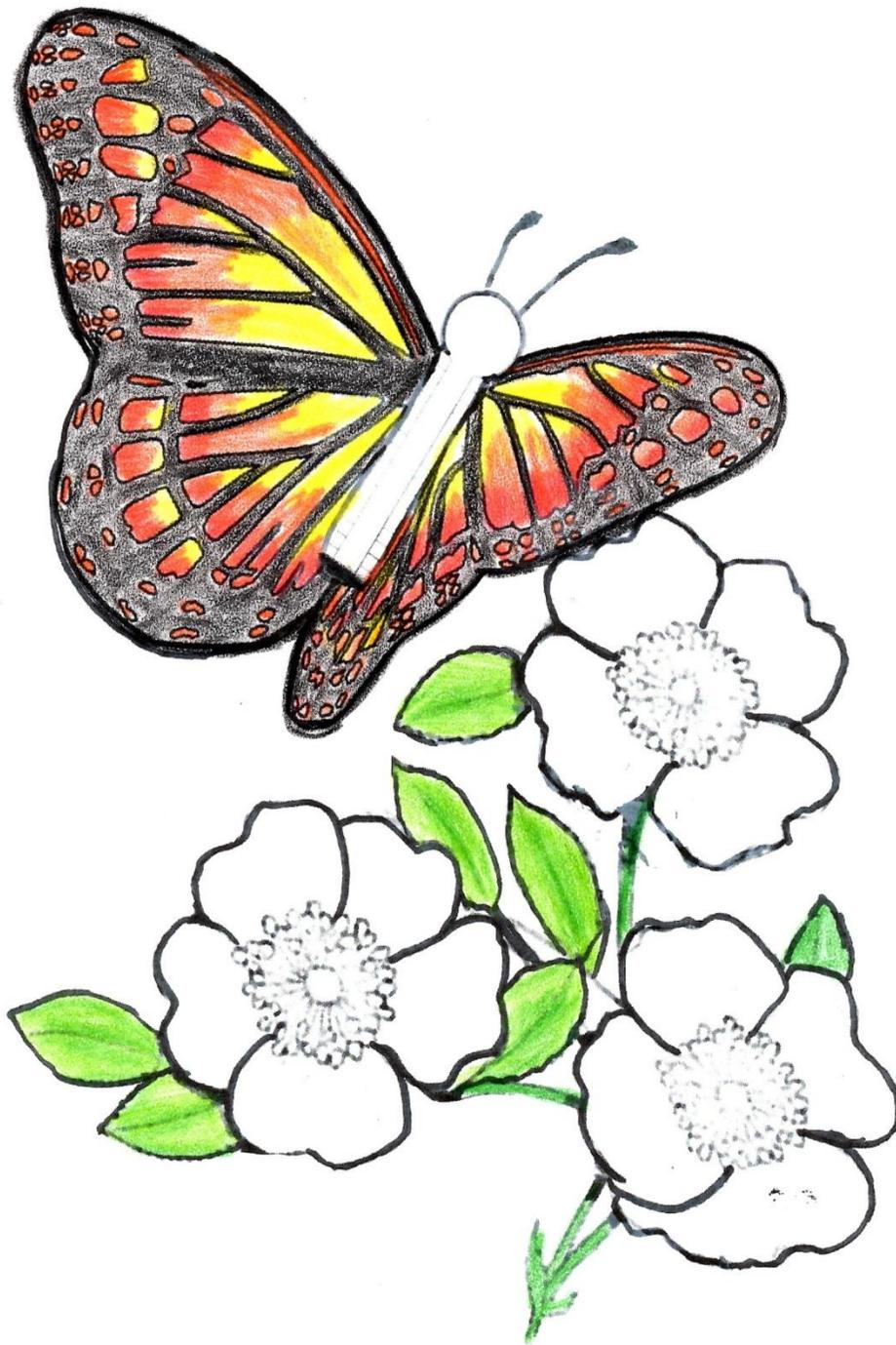


Let's go for a walk!

I'm looking for people who would be interested in participating in an AD LWML 5K walk-a-thon? Zones can walk within their own area or join with other zones for greater fellowship. This can take place as early as October 2016 or sometime in Spring 2017.

Please contact Linda Guteres with your thoughts and willingness to participate.





The above page can be used to track the receipt of mites for the 2016-2018 biennium. For each \$4,250 collected, a section of the butterfly's thermometer body can be colored in. There are 13 petals on the three flowers representing one of the mission grants. As each mission grant obligation is fulfilled, another petal can be colored in. Enjoy!

ATLANTIC DISTRICT LWML MISSION GRANTS 2016-2018

1. **From Mourning Glory to Morning Glory: Rescuing Women with the Gospel;**
Redeemer Evangelical Lutheran Church; Bronx, NY..... \$4,000
2. **VBS for Deaf Children;**
Lutheran Friends of the Deaf; Mill Neck, NY \$4,500
3. **Risen Christ Women Sewing Ministry;**
The Lutheran Church of the Risen Christ; Brooklyn, NY \$1,500
4. **Grace Lutheran Pantry;**
Grace Lutheran Church, Queens Village, NY..... \$5,000
5. **Reaching our Hispanic Neighbors;**
Lutheran Church of St. John the Evangelist; Brooklyn, NY.....\$630
6. **Sharing God's Word through Service;**
The Chapel School; Bronxville, NY \$3,000
7. **Mission Outreach to Street Children in New Amsterdam, Guyana;**
St. Matthews' Lutheran Church; Brooklyn, NY \$3,000
8. **Long Island Deaf Missions;**
Lutheran Friends of the Deaf; Mill Neck, NY \$5,000
9. **Trinity Food Pantry;**
Trinity Lutheran Church; Islip, NY \$4,500
10. **Operation Barnabas for Comfort Dog Congregations;**
Lutheran Church Missouri Synod; St. Louis MO..... \$2,000
11. **Concordia Seminary Food Bank;**
St. Louis, MO \$5,000
12. **Free Medical Check-up Camps & Eye Screening Camps in Rural parts of India;**
Lutheran Hour Ministries; St. Louis, MO..... \$5,000
13. **La Vida Nica;**
The Life Lutheran Church; Westbury, NY..... \$2,770



Looking for a Mission Project for your Society? Why not look at Lutheran World Relief's website? Visit buildkitsofcare.org500 to learn more about the outreach programs of LWR.



LIFE IS
BETTER
WHEN
YOU'RE
LAUGHING.

Maybe some of you will get a chuckle out of this....

1955 'Good House Wife's Guide'
How Wives Should Treat Their Husbands

- 1.) Have dinner ready. Plan ahead, even the night before, to have a delicious meal ready, on time for his return. This is a way of letting him know that you have been thinking about him and are concerned about his needs.
- 2.) Most men are hungry when they come home and the prospect of a good meal (especially his favorite dish) is part of the warm welcome needed.
- 3.) Prepare yourself. Take 15 minutes to rest so you'll be refreshed when he arrives. Touch up your makeup, put a ribbon in your hair and be fresh-looking. He has just been with a lot of work-weary people.
- 4.) Be a little gay and a little more interesting for him. His boring day may need a lift and one of your duties is to provide it.
- 5.) Clear away the clutter. Make one last trip through the main part of the house just before your husband arrives. Gather up schoolbooks, toys, paper, etc. and then run a dust cloth over the tables.
- 6.) Over the cooler months of the year you should prepare and light a fire for him to unwind by. Your husband will feel he has reached a haven of rest and order, and it will give you a lift too. After all, catering for his comfort will provide you with immense personal satisfaction.
- 7.) Prepare the children. Take a few minutes to wash the children's hands and faces (if they are small), comb their hair and, if necessary, change their clothes.
- 8.) Children are little treasures and he would like to see them playing the part. Minimize all noise. At the time of his arrival, eliminate all noise of the washer, dryer or vacuum. Try to encourage the children to be quiet.

9.) Be happy to see him. Free him with a warm smile and show sincerity in your desire to please him. Listen to him.

10.) You may have a dozen important things to tell him, but the moment of his arrival is not the time. Let him talk first — remember, his topics of conversation are more important than yours.

11.) Make the evening his. Never complain if he comes home late or goes out to dinner, or other places of entertainment without you. Instead, try to understand his world of strain and pressure and his very real need to be at home and relax.

12.) Your goal: Try to make sure your home is a place of peace, order and tranquility where you husband can renew himself in body and spirit.

13.) Don't greet him with complaints and problems.

14.) Don't complain if he's late home for dinner or even if he stays out all night. Count this as minor compared to what he might have gone through that day.

15.) Make him comfortable. Have him lean back in a comfortable chair or have him lie down in the bedroom. Have a cool or warm drink ready for him.

16.) Arrange his pillow and offer to take off his shoes. Speak in a low, soothing and pleasant voice.

17.) Don't ask him questions about his actions or question his judgment of integrity. Remember, he is the master of the house and as such will always exercise his will with fairness and truthfulness. You have no right to question him.

18.) A good wife always knows her place.

